

THE DENVER PSYCHOANALYTIC SOCIETY NEWSLETTER

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Mind matters...

PRESIDENT'S MESSAGE

- RANDOLPH W. POCK, M.D.

I am writing this on February 8th, 2009 midway through my second year as president of the Society. We are having a busy year with the members of the Society and the Institute working together to share our unique discipline with interested students and members of the community. Despite the severe world wide economic downturn that has affected us all at a personal level and in our organizations, we have continued to offer our many programs to the community.

Under Stacey Keller's leadership the Joint Financial Task Force has addressed the sharp decrease in our endowment which, if ignored, would threaten the continued existence of our Society and Institute. We have cut expenses in our organization wherever possible and continue our efforts to restore our endowment to financially secure levels.

The Society and Institute have moved and are now located at The University of Colorado Denver Anschutz Campus, although various activities continue to occur at other locations. New first year classes of Psychoanalytic and Psychodynamic Psychotherapy candidates began this fall.

Under Program Chairperson Pam Haglund, the Society has continued to co-sponsor a series of scientific programs at Boettcher Auditorium at the University of Denver in conjunction with The Graduate School of Professional Psychology at the University of Denver. Most notable was an extremely well attended and well received program February 5, 2009 on Psychoanalysis and Religion featuring Ben Green, Shoshana Adler, David Nichol, Janet Rumpfelt (University of Denver), Rabbi Bernard Gerson and Reverend Phil Campbell.

Our next presentation by Dr. Gary Grossman on Pink Parenting will be held March 6, 2009. Earlier this academic year Dr. Stephen Witty spoke on "Jungian Psychoanalysis in the 21st Century" and Dr. Jeff Longhofer on "Having and Being a Case Manager". Later this spring Dr. Melvin Lansky will speak on "Forgiveness as the Working Through of Splitting" on April 3, and Dr. Richard Geist will present a paper entitled, "Empathizing with Oedipus: The Self Psychological Treatment of the Neuroses". On April 18 we will hold our annual fundraiser at the Denver Center for the Performing Arts with a presentation of the drama, "A Prayer for Owen Meany".

A week later the Society will participate in a Decalogue given by the Center for Judaic Studies at the University of Denver, featuring Dr. Sander Gilman, Director of the Psychoanalytic Studies Program at Emory University. Shoshana Adler will again participate on the panel.

In conjunction with the Colorado Society for Social Work we are planning a conference in April 2010 with Dr. Nancy McWilliams as presenter.

Under Margy Stewart's leadership as Chair of the Continuing Education Committee we have offered several continuing education classes including "Developmental Neuropsychology"

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with Jim Marquardt and Cynthia Satchell, "Sadomasochism" with Rex McGee and Paula Bernstein, "Crisis in the Lives of Women: A Psychoanalytic Course in Literature" with Fred Mimmick and Mike Moran, "Choices in Technique" with Margy Stewart and Barbara Redinger, and "A Day of Meditation, Mindfulness and Transformation" with David Nichol.

Under Linda Plaut's guidance our Psychotherapy Outreach Service has found Society providers for patients who require a sliding fee scale, and is contacting organizations who might have need for our services as psychotherapists.

On a national level, the long-term conflicts have continued over the role of the Board on Professional Standards, questions of local autonomy, issues of certification, and training/supervising analyst appointments described in our previous newsletter. Each of the proposed bylaws amendments failed to receive the two thirds approval by voting members necessary for adoption, despite the fact that the two proposals offered distinctly different solutions to the chronic conflicts over the role of certification in the appointment of training and supervising analysts, and the role of the Board on Professional Standards.

I am grateful for the support I have received from the other officers with whom I have worked over the past one and one half years: Ronnie Shaw (President elect), Ben Green (Treasurer) and Linda Plaut (Secretary). I would also like to thank the other members of the Society who have helped me during this time including Roy Lowenstein, editor of this newsletter, and Lin Borden who has been a source of support and a friend for 20 years. I hope you will join us at the annual business meeting Monday, June 8, 2009 at the Wellshire Inn to celebrate the end of our busy year.



The Society's 2008-2009 Lecture Series

Friday, October 10, 2008—7:30 p.m.

Stephen Witty, Ph.D.

"Where We Are: Jungian Analysts in the 21st Century" A documentary film

Friday, November 14, 2008—7:30 p.m.

Jeff Longhofer, Ph.D.

"On Having and Being a Case Manager"

Thursday, February 5, 2009—7:00 p.m.

"Psychoanalysis and Religion"

The Panel: Shoshana Adler, Ph.D.

Ben Green, M.D.

David Nichol, M.D.

Janet Rumpfelt, Ph.D.

The Discussants: Rabbi Bernard Gerson
Reverent Phil Campbell

Friday, March 6, 2009—7:30 p.m.

Gary Grossman, Ph.D.

"Pink Parenting: Providing a Facilitating Environment for Gay and Lesbian Teens"

Friday, April 3, 2009—7:30 p.m.

Melvin Lansky, M.D.

"Forgiveness as the Working Through of Splitting"

Friday, May 1, 2009—7:30 p.m.

Richard Geist, Ed.D.

"Empathizing with Oedipus: The Self Psychological Treatment of the Neuroses"

Lectures for 2008-2009 are held on the DU Campus in Boettcher Auditorium at 2050 E. Iliff Ave.

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2009 Events for Society & Institute:

May 2-3, 2009

Institute Faculty Development Conference
with Dominique Scarfone

June 8, 2009 at the Wellshire

Society Annual Business/Dinner Meeting

September 12, 2009

Institute Annual Meeting and Graduation

October, 2009

Society Lecture by David Stevens, Ph.D.

November 11-15, 2009

Site Visit by APsA

www.denverpsychoanalytic.org



MESSAGE FROM THE DIRECTOR OF THE DENVER INSTITUTE FOR PSYCHOANALYSIS

- Stacey Keller, M.D.

February 2009

By the fall, with the move to Anschutz Medical Campus complete, we were eager to get back to the teaching of psychoanalysis and psychotherapy. The Institute began three classes in September, an adult analytic class, a child & adolescent PTP class, and an adult PTP class, as well as the ongoing child analytic classes. Reports from our teachers have highlighted their excitement with the quality of our students and programs. The new students and candidates have jumped into their work with enthusiasm joining the committed group of third year candidates. Our thanks go out to Mark Wolny, who has again orchestrated a wonderful curriculum.

The Cactus Club was the site of the 2008-2009 Graduation and Awards Banquet, where we celebrated the graduation of seven members of the Adult PTP class. The evening culminated with the tributes to Dr. Gene Schwarz in honor of his many years of service and contributions to the growth of our Institute as he received the 2008 Brandt Steele Award.

Denver hosted the Western Regional Child Psychoanalytic Meetings in October. Institutes from Denver, LA, Seattle, San Diego, and San Francisco participate in these Western Regional Meetings every year. Two interesting cases were presented, and Drs. Lee Johnston and Rex McGehee were discussants. The weekend ended with a presentation by Dr. Bob Emde that was opened to the community.

The members of the Joint Financial Task Force of the Denver Institute for Psychoanalysis and the Denver Psychoanalytic Society have been hard at work since the task force convened last January. Members of the Institute and Society serve on the task force which provides recommendations and coordination of activities designed to address our joint financial needs. These recommendations are then reviewed by one or both of our organizations and carried out under their direction. Both organizations have made changes to help us weather the current national economic crisis. We were fortunate that our attention to financial stability began before the crisis worsened to its current level. We happily can report that with this head start, we have been able to cut our expenses significantly with multiple changes, including new banquet and retreat locations. We thank all of our staff and the many faculty members who have taken salary cuts or made generous donations during the past year.

Longer term results are expected from the five projects endorsed by the Joint Financial Task Force. Efforts to develop the Fund for Psychoanalytic Education and Community Service, The PEACS Fund, are underway as detailed in the accompanying article by Paula Bernstein. Tributes and memorial donations have been made to the PEACS Fund and a legacy campaign is beginning. Our Project Enroll team has been reaching out to local mental health educational programs to raise awareness of the Institute's training programs in psychoanalysis and psychotherapy, and the continuing educational opportunities offered by the Society. The Project EConnect team is researching videoconferencing technologies so that we may offer our programs to interested people in distant locations. Please contact our offices if you would like to be considered for our distance learning opportunities. The continuing education and community event teams, Projects Engage and Excite, have explored ways to expand the offerings to the community in areas such as humanities and religion, in addition to providing new and interesting psychoanalytic courses.

At the annual meeting of APsA in January 2009, representatives from most institutes met to discuss issues challenging the survival of institutes across the country, comparing experi-

“Longer term results are expected from the five projects endorsed by the Joint Financial Task Force.”

Project Endow

Project Enroll

Project Engage

Project Excite

Project EConnect

ences and solutions in the areas of finance, candidate recruitment, development of control cases, and faculty development. Information compiled by the certification committee was presented in an effort to help institutes strengthen the psychoanalytic education they offer. Included in this was an exploration of ways to improve the teaching of termination, the importance of writing, difficulties seen in case formulation, and experience with conversion.

The Board on Professional Standards reported that the Alternative Pathway to Certification is up and running. Two mentoring programs are in place assisting those applying for certification and those who wish feedback about their writing. The Educational Flexibility and Institute Choice Bylaws Amendments were both defeated. Further efforts will be required to achieve a compromise position. The Task Force on Externalization was given approval to pursue specific questions about the relationship with the IPA, should APsaA move forward with the externalization process. We hope to hear more at the administrative meetings of APsaA and the BOPS held in conjunction with the IPA meetings this summer in Chicago.

It is with sadness that we marked the loss of Drs. Sam Kennison and Hank Coppolillo. Both will be remembered with fondness and thanks for all of their many contributions to the Institute and its members.

After several productive discussions, our faculty prepared and approved updated policies and procedures of the Admissions, Progression, and Appointments & Promotions Committees. Our annual retreat and banquet will be held at the University Club at the end of February. There we will enjoy an interesting clinical presentation on Supervision, and a discussion of the Training Analyst System in addition to the Curriculum Review. We are excited to report that Dominique Scarfone will return to work with the faculty during the spring Faculty Development weekend.



MEMORIAL AND TRIBUTES

Our endowment was created out of donations and bequests left by our teachers and mentors who helped to found the Society and Institute. Our endowment now has a name: The Fund for Psychoanalytic Education and Community Service (PEACS).

Within PEACS we have set up a Memorial and Tributes Fund to receive donations commemorating people whom we have lost to death—and special happy times as well. Donations to the Memorial and Tributes Fund are specially recorded with PEACS, ensuring that all of us can be remembered as part of a living mission to bring psychoanalytic ideas to the communities in which we live, work, and teach.

Since the last Newsletter was published, we have received donations in memory of:

Dr. Sam Kennison
 Dr. Henry Coppolillo
 Sarah Jacobson
 Viretta Ann Miller, Jill Miller's mother
 Mortimer Geiger, Lin Borden's father

We also received a donation in honor of Dr. Jerry Jacobson's 80th birthday.

If you wish to make a memorial or tribute contribution, be sure to include the names and addresses of the people who should be informed of your donation. They will receive notification of your gift. (See the donation form on page 15.)



IN MEMORIAM
Henry P. Coppelillo, MD
7/27/26-8/26/08

In late August, a powerful clinician and passionate advocate for children died at the age of 82. Henry "Hank" Coppelillo was born in Cervicati, Calabria, Italy, and immigrated with his mother to the United States at age three. He never forgot his Italian heritage and was extremely proud of it. He lived in Chicago until he joined the Navy in World War II where he served in the South Pacific.

Thereafter he graduated from the University of Rome medical school, and did his residency in psychiatry at Chicago's Cook County Hospital and child psychiatry at Michael Reese Hospital. He started his psychoanalytic training at the Chicago Institute in 1962 where he met David Starrett and others. He was exposed to the likes of Bettelheim, Kohut, and Alexander. Initially many Chicago graduates such as Larry Hall, Dave Starrett, Brandt and Eleanor Steele became the founding core of the Denver Institute. The institute attracted such luminaries as Rene Spitz and Bob Emde.

Hank became Director of the Division of Child Psychiatry at UCHSC in 1976, after faculty stints at both University of Michigan and Vanderbilt. Within one month he obtained a \$750,000 grant to develop this division. With cohorts such as Dane Prugh, Lou Sander, Gordon Farley, and Ted Gaensbauer, he directed a program that was formidable in its quality.

Throughout his career he was a passionate proponent of the psychoanalytically informed treatment of children and adolescents. In 1987 he wrote a textbook, *Psychodynamic Psychotherapy of Children: An Introduction to the Art and the Techniques*, that has been translated into several languages, and remains a seminal text to this day. Thereafter until his retirement he continued in private practice, consulted to several area hospitals and societies and wrote for professional journals.

His contribution to child psychiatry, psychoanalysis, and child psychoanalysis was profound.

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IN MEMORIAM
Warren S. Kennison, M.D.
July 3, 1917 - October 19, 2008

Our cherished friend and colleague, Warren "Sam" Kennison, died on October, 19, 2008. He and his wife, Dorothy, had moved to Los Alamos two years ago where they could live in a comfortable senior facility near their son.

Sam graduated from The C.U. School of Medicine during World War II, and was inducted into the U.S. Public Health Service. In that capacity he worked at the Federal Correctional Institute in Milan, Michigan where he developed his interest in human behavior and, ultimately, psychiatry. He arranged a transfer to a psychiatric residency at the V.A. Hospital affiliated with the University of Michigan School of Medicine. By the time he finished his residency, he was determined to become a psychoanalyst.

He began his psychiatric practice in Birmingham, and in addition consulted to social agencies and public schools in that region. He joined the New York Psychoanalytic Institute as a candidate, commuting weekly to Manhattan until his graduation. In 1968 he moved to Denver to be of support to his aging parents. Here he was welcomed into the clinical faculty at the Department of Psychiatry as well as the Denver Psychoanalytic Institute where he became a Training and Supervising Analyst. For several years, he provided supervision and consultation to the clinicians at the Denver Mental Health Center. Reluctantly, he retired in 1997 due to a progressive illness, and moved to Los Alamos. Sadly, he passed away after a brief episode of pneumonia.

We will miss him both as an inspired colleague and a good friend to us all.

THE DENVER PSYCHOANALYTIC SOCIETY'S ANNUAL FUNDRAISER

We hope you are planning to join the Society for its annual fundraising event with the Denver Center for the Performing Arts on **Saturday, April 18, 2009 at 1:30 P.M.** for the presentation of *A PRAYER FOR OWEN MEANY*, adapted by Simon Bent and directed by Bruce K. Sevy.

John Irving's epic novel comes to Colorado in a sparkling adaptation from London's National Theatre. Owen Meany, an unusually small child with a shrill voice, believes himself an instrument of God. When he accidentally kills his best friend's mother in 1950s New Hampshire, the two boys are forever linked as they search for truth in a provocative dark comedy of friendship, faith and destiny. (Please note: For mature audiences due to language and adult situations.)

A DISCUSSION led by faculty members of the Denver Institute for Psychoanalysis will follow the play. Discussants will be Rex McGehee, M.D., Jill Miller, Ph.D., and Roy Lowenstein, M.D., with Paula Bernstein, Ph.D. moderating.

A WINE RECEPTION and DINNER at *PRIMA RISTORANTE* follows the discussion.

Although the March 18th deadline may have passed, please call the Society Office to check on availability of tickets. (303-724-2666) We hope to see you there.

Choose your level of participation -
 \$200.00 for PRODUCERS which includes:
 Play & Discussion, Wine Reception and Dinner at *Prima Ristorante*

\$80.00 for DIRECTORS which includes:
 Play & Discussion and Wine Reception at *Prima Ristorante*

\$45.00 for ACTORS which includes:
 Play & Discussion

Your contributions will benefit the outreach programs of the Denver Psychoanalytic Society. Programs include our *Scientific Lecture Series offered free of charge, pro bono consultations with public and private school personnel, our Disaster Response and Education Team working with community resources, continuing education for mental health professionals, special programs for parents, teachers, lawyers and doctors, the Society Newsletter offered free of charge, as well as a low-fee referral service.* Contributions should be made payable to: The Denver Psychoanalytic Society Fund

The Denver Psychoanalytic Society, Mail Stop F478
 12469 E. 17th Place, Room 113
 Aurora, CO 80045

THE COLLEAGUE ASSISTANCE PROGRAM
 Of the Denver Psychoanalytic Society
 Is available to all Society members if a situation arises
 they wish to report.

Contact the Committee Chair,
 Robinette Bell—303-691-8991

Or one of the committee members:

Tom Avery—720-227-0328
 Mary Ellen Caiati—303-860-8640
 Esther Lowenstein—303-321-5532

OUT AND ABOUT...

by Ben Green, M.D.

Like the country as a whole and for many of us personally, this has been a difficult financial period. The long-term viability of our Society and Institute has been threatened. Happily, gentle reader, our leadership has risen to the challenge. By dint of extraordinary effort and determination, **Stacey Keller**, Institute Director, and **Randy Pock**, Society President, working with the likes of **Paula and Bill Bernstein**, **Rex McGehee**, **Ronnie Shaw**, **Laura Jensen**, **Laura Anderson**, **Pam Haglund**, **David Stevens**, **Neil Rosen**, and **this columnist**, all to the effect of balancing our previously ruinous budget! Congratulations are very much in order.

Undeterred, a full slate of Institute child/adolescent and adult classes for both the analytic and PTP programs have been conducted out at our new digs at the Anschutz Medical Campus. Same for our Continuing Ed. classes, organized by **Margy Stewart**: **Barbara Redinger** and **Margy** taught a course on Therapy Technique, **David Nichol** offered a day of Mindfulness and Meditation, **Jim Marquardt** and **Cynthia Satchell** presented Developmental Neuropsychanalysis, and **Fred Mimmack** and **Mike Moran** taught a course about literature and women. Just starting is a class studying Sado-Masochism with **Paula Bernstein** and **Rex McGehee**. The Community Lecture Series, put together by **Pam Haglund**, began with **Stephen Witty's** lecture on Jungian Analysis, **Jeff Longhofer** presenting on Case Management, a panel of **Shoshana Adler**, **David Nichol**, **Janet Rumfelt**, **Rev. Phil Campbell**, **Rabbi Bernard Gerson**, and **this columnist** discussing Psychoanalysis and Religion, and **Gary Grossman** on "*Pink Parenting—Providing a Facilitating Environment for Gay and Lesbian Teens.*" Upcoming (4/3/09) is **Melvin Lansky** "*Forgiveness as the Working Through of Splitting,*" and the year's finale (on 5/1/09), "*Empathizing with the Oedipus: the Self-Psychological Treatment of Neurosis*" by **Richard Geist**.

Also still available for registration is the annual fundraiser-- again under the direction of **Margy Stewart**—this year featuring the Denver Center Theatre's staging of John Irving's "*A Prayer for Owen Meany*" with post-play commentary to be provided by **Rex McGehee**, **Paula Bernstein**, **Jill Miller**, and **Roy Lowenstein**. Please download the registration form from our website for the play, reception, and dinner. This is food and nurture for the Soul—don't let it pass you by.

Three Voices: The Evolution of Psychoanalytic Identity and the Emergence of New Modes of Being With Patients

May 9, 2008—Panel Discussion

By Ben Green, M.D.

Ah, the stars came out brilliantly this night! Belying analysts' reputation as stodgy, rigid and doctrinaire, your colleagues showed themselves to be adaptive, personable, and inspiringly humanistic.

MaryAnn Levy led off the presentations with a theme that was to echo through the evening: Don't be hamstrung by theory-- it all comes down to what is helpful for your patients. Illustrating this point with the first of several vivid case vignettes, MaryAnn described work carried out during her candidacy with a genitally mutilated artist whose primary modes of communication were acting-out and treatment resistance. The available psychoanalytic literature of that era was distinctly unhelpful. MaryAnn shared candidly her sense of being clumsy, blundering, and awkward-- "a klutz". But she stuck with her patient, agonizing over the "analytic rules", e.g. whether it was okay to allow the patient to bring in her artwork. Years later, publications on "transference enactments" and "role responsiveness" would legitimize much of the techniques she found herself fashioning on a trial-and-error basis. Happily, this patient ultimately showed appreciable improvements in her capacities for loving and working.

Sadly, BOPS refused to accept this case, declaring it "un-analytic". Much to our benefit, MaryAnn persisted, was later certified, and became a Training and Supervising Analyst. Mary Ann described movingly her struggles with the phallogentric, physician-dominated analytic culture during the early years of her career. In addition to her pioneering work with traumatized patients, MaryAnn described work with gender identity disorders and with un-empowered, voiceless women. Mary Ann expressed her

gratitude for the work of Robert Emde, Daniel Stern, Joseph Sandler, David Hurst, Judy Kantrowitz and the experience-near writings of female analysts Jane Hall, Nancy McWilliams, Martha Stark. MaryAnn concluded by urging us to stay as empathically connected to our patients as humanly possible, to be not afraid to give support or to say the obvious, and to use our understanding of psychological development and psychoanalytic dynamics to remove the obstacles that impede our patients. To her patients and to the next generation of female analysts, MaryAnn has been as graceful and singular as the Evening Star, giving direction and clarity long before most other such lights winked on.

Then there was **David Stephens** -- what can you say about David? Brilliant theoretician? Masterful teacher and humorist? Or simply, the Big Dipper, bold and arresting. And, on this occasion at least, pointing to the Polaris of our particular Universe, Sigmund Freud himself. David declared that he had been "born as a post-modernist baby", and, therefore, never supposed that psychoanalysis would be "true", only interesting and useful. "Theories are neither true nor false, right nor wrong. They are only bookkeeping systems, ways of organizing and generating observations."

This was the spirit of Greenburg and Michell's 1983 classic, "Object Relations in Psychoanalytic Theory". "Freud," David averred, "was the smartest man [in our field] who ever lived." Even his bad ideas were more interesting than most people's good ideas. It was more the orthodox Freudians than Freud himself who insisted on rigid, doctrinal purity. David was at first surprised, then saddened, to witness the progressive dis-identification with Freud and the

associated trend to idealize fields outside our own, especially those that claim to be “scientific”. His voice rising, his gestures ever more animated, David worked himself into quite a lather. This delightful rant, this self-parodying polemic elicited waves of laughter and applause. David then proceeded, now in a more contemplative mode, to distill Freud’s fundamental existential ideas. First, the universality of unconscious processes and how this insight constitutes a major blow to our narcissistic conceits of knowing ourselves and of being in control of our lives. Secondly, that the universe mostly doesn’t care much about us, and that this reality is so painful that our child-like wishes are driven underground, but not relinquished. In the face of such adversity, one viable strategy to safeguard our sanity is via Winnicott’s “Transitional Phenomena” and the “Intermediate Area of Experience”. So all is not lost, and on this uplifting note, David wisely bowed out. The audience enthusiastically expressed its appreciation.

David Hurst was self-effacing at the prospect of following his two distinguished colleagues, but quickly won us over with his good-natured humor and his easy-going thoughtfulness. “Our patients,” he asserted, “are our teachers. . . My deep convictions do not come from others’ deep convictions, but from my own personal experiences.” His gracious manner and generous spirit were as broad and inviting as the Milky Way itself. David shared his treatment of the son of a Nazi SS-officer, a boy who’d lost both parents in childhood and who was fiercely determined to make up for his father’s misdeeds, only to find himself murderously threatening his Jewish in-laws and David (and David’s family). David deftly drew us into his dilemma. With the vociferous dissent of his peer-supervision group and the brusque concurrence of a quirky senior analyst, David realized that everyone would be best served if he simply stuck with his patient and supported him. This turned out to be exactly right. David expressed his appreciation of Kohut (“second only to Freud”) for his emphasis on the importance of empathy for our patients, especially those with narcissistic difficulties. He concluded his remarks with the words of Dr. Francis Peabody,

penned almost a century ago: *“The secret of patient care is to care for the patient.”*

Richard Simons, officially designated “discussant,” practically vaulted onto the stage (apparently to thwart an over-the-top speaker introduction), and, like a comet blazing across the midnight sky, immediately rendered us rapt and enthralled. First, he was devoted grandfather, telling us of five year-old Sydney putting on his glasses and sitting behind his desk. She had found a way to reverse the “power differential” between them by becoming the fearsome and punitive- but ultimately merciful – school principal. Regarding our patients, although the creation of “an atmosphere of safety” is of primary importance, any attempts to establish “equality” between ourselves and our patients is futile, as are those empty, false reassurances that we may feel tempted to offer. “Everything is not okay.”

Next, Dick morphed into the wizened philosopher, his audience hanging on his every word. He waxed existential, suggesting that there were primarily three ways that patients and therapists indeed were “in the same boat”. First is the inevitability of death, something typically ignored by younger patients and therapists. Next, there is the experience of struggling with evil, as enumerated by the “Seven Deadly Sins” (sloth, for instance, can tempt us powerfully when we begin to feel the urge to flee from difficult patients). The final great equalizer is Hope, hope that fuels the dreams of both day and night. Such hopes can be among our most intimate secrets. The patients who share with us their masturbation fantasies have given us their heart-felt trust.

Using “Portnoy’s Complaint” and Dr. Speilvogel as a counter-example, Dick, now the generative sage, exhorted us to avoid arrogance or undue silence or humiliation, to be active in helping insulate our patients from some of the turmoil of psychoanalysis, to be honest with ourselves--and sometimes our patients--regarding our countertransferences, and to never, never lose hope for our patients.

(continued on next page)

Leslie Jordan, maintaining her footing as discussant, served as the reflective astronomer for these gaudy, celestial phenomena. Facing the duress of foreshortened time, she gracefully, extemporaneously abbreviated her prepared remarks. Leslie began by reviewing some of the remarks made and by concluding that, after graduation, the clinician refines and consolidates their psychoanalytic identity in responding to the “storms” with patients. If, in the midst of such tempests, the analyst can hold onto what they know to be true, sustain a focus on the details of mental life, and maintain “deep contact” with the patient and with themselves--all the while preserving the capacity to think, reflect, and even play--then the therapeutic process will move in the direction of vitality, discovery, and change. Leslie referenced James McLaughlin’s book, *The Healer’s Bent*, that differentiates between the early Freud’s emphasis on the “how”, the persistent analytic focus on oneself and others, and the later Freud’s elaboration of the “what”, the increasingly rigid orthodox assertions about purportedly universal psychic dynamics and contents. She recalled a recent conversation with Alan Levy about the burnout of many hospital mental health workers; his remarks reinforced Leslie’s conviction that superficial thinking and not understanding our patients makes this work numbingly repetitious and deadening. By contrast, by rejecting the claims of ideology and embracing the process of inquiry and discovery, the analyst and patient facilitate the experience of depth and meaning. In closing, Leslie encouraged us to ignore the oft-heard, arrogant dismissal, “That is not psychoanalysis.”

There was only a brief time left for Q and A. The audience made several appreciative comments and raised thoughtful questions. Mike Moran, ever on the prowl for reiterative storylines, got in the final word by noticing the common element represented in our speakers’ struggles to transcend their forbearers and to learn directly from their patients and their teachers in a way that would enable them, ultimately, to trust themselves.

The house lights were illuminated; the astral display had come to an end. As if gathering up blankets and thermos and picnic baskets, we stumbled towards the exits, filled with wonder and delight at the beauty above and around and within us.



***“The secret of
patient care is to
care for the patient.”***

Dr. Francis Peabody

JUNGIAN ANALYSTS IN THE 21ST CENTURY: WHERE ARE WE? A film by Steve Witty, with discussion by Cheryl Straus-Witty, October 10, 2008

Reported by David M. Hurst

A century ago, a young Swiss psychiatrist doing research with Eugen Bleuler became interested in the work of Sigmund Freud and joined the analytic pioneers in Vienna. Soon he became a favorite student and younger colleague of Freud. Carl Jung was the first president of the International Psychoanalytic Association and the first editor of the *IJP*. But he thought Freud had overemphasized sexuality and the Oedipus Complex, that there were other important psychological complexes. He would go on to develop the ideas that deeper within everyone's unconscious mind, deeper than that individual's personal unconscious, there was a universal unconscious. There, prominent themes and constellations of psychic energy which he called archetypes represented paths to which each of us were naturally inclined, although we often struggled against these tendencies. He was not a psychological determinist philosophically as was Freud. He believed that other forces of nature within us and among us, not necessarily knowable, but spiritual or mystical, played a significant role in how we developed.

In 1911, Jung published "Symbols of Transformation," in which he expressed his own ideas, challenging the authority and leadership of his mentor. Freud did not accept this distraction from sexuality and the Oedipus, so central to his own theories of normal development and psychopathology. There was already so much resistance outside the ranks of his little group, he could not permit a break in the ranks. In addition to great disappointment in this promising follower he had entrusted with his confidence, he must have felt betrayed, angry and sad.

Jung left the group to find his own way, but it was very hard for him also. Freud was like a father, his own father having disappointed him, and Jung became depressed and at times almost psychotic. He felt lost for about ten years during which his work with his patients helped to sustain him.

He played in the sand at the side of a lake every day- the first play therapy- and eventually recognized themes in his play that helped him shape his own theories. The rest of his life was devoted to understanding the relationship between consciousness and the unconscious including both the personal unconscious and the collective unconscious. (The collective unconscious includes the archetypes, for example the hero, witch, wise old man or woman, etc.) This level of the unconscious often represented the natural path of development for the individual even though the individual might resist this influence.

This account comprises some of what Dr. Steve Witty, a Jungian analyst and filmmaker, told the Denver Psychoanalytic Society on October 10 when he was unable to show as scheduled his film about Jung due to technical difficulties. Disappointed but not discouraged, he perched himself informally on a desk before his audience and began speaking spontaneously, illuminating his account with examples from his personal life.

The audience, largely unfamiliar with Jungian terms and theory, interjected equally spontaneous questions and discussion after awhile, providing a warm atmosphere of learning together. It was a little like getting to know up close a distant member of the analytic family we had only heard stories about. The idea that a patient's psychopathology might be used as a way into deeper spiritual struggles, or that there was more to the self than the ego and its functions, or that there is more to life than accomplishing goals, seemed crucial areas for us to ponder. To individuate is to live one's own nature authentically. Addressing the ego-self axis leads to the development of real meaning in life. That is the goal of Jungian analysis beyond the resolution of psychopathology. Surely most of us think about such things, but should we consider Jung's ideas?

(Continued on page 12)

From the other side of the split, many Jungians today have moved closer to us, annexing the ideas of self psychology, object relations theory, attachment theory and development, although others have maintained the classical Jungian position. Perhaps we should wonder what we could learn from this split-off branch of the analytic family and the way they work with people.

The scheduled discussant, Dr. Cheryl Straus-Witty, one of our faculty who trained at our Institute, modeled the notion of melding, or marrying, the two approaches. Since their daughter has grown up and gone off to college, Cheryl told us she accepted Steve's invitation to make films with him, studying lighting, cinematography, editing -subjects which Steve learned long ago when he got a master's degree in film school and worked for several years making films. But she also joined a Jungian study group in which Steve is active, and finds this helpful in her work with patients.

In one example, her patient's dream of a bear trying to force his way into the patient's room was considered not only as the patient's angry father but as the Shadow, an aggressive part of himself he had always tried to disown.

At the conclusion of the evening, Steve agreed to make a copy of his DVD available to the Society. But looking back at the frustration of not being able to show us the film we had come to see and his subsequent spontaneous presentation and the response it got from his audience, he opined that maybe this was more interesting.



On the occasion of Gary Grossman's presentation on March 6, 2009 entitled "*Pink Parenting: Providing a Facilitation Environment for Gay and Lesbian Teens*," below is the official position of The American Psychoanalytic Association:

**OFFICIAL RESOLUTIONS AND POSITION STATEMENTS
IN SUPPORT OF GAY, LESBIAN, BISEXUAL, AND TRANSEXUAL
CIVIL RIGHTS**

THE AMERICAN PSYCHOANALYTIC ASSOCIATION OPPOSES AND DEPLORES PUBLIC OR PRIVATE DISCRIMINATION AGAINST MALE AND FEMALE HOMOSEXUALLY ORIENTED PEOPLE.

In an active effort to combat such discrimination, APsA has adopted the following official resolutions and position statements:

Gay Marriage:

In 1997 APsA endorsed Lambda Legal's Marriage Resolution:

Because marriage is a basic human right, the State should not interfere with same-gender couples who choose to marry and share fully and equally in the rights, responsibilities, and commitment of civil marriage.

The full text of APsA's position on the matter of gay marriage is as follows:

WHEREAS homosexuality is a normal variant of adult sexuality and,

WHEREAS gay men and lesbians possess the same potential and desire for sustained loving and lasting relationships as heterosexuals and,

WHEREAS existing marriage laws in the United States discriminate against same-sex couples and,

WHEREAS same-sex couples and their children are adversely affected by these discriminatory marriage laws and,

WHEREAS the milestone of marriage moves a couple and its children into full citizenship in American society and,

WHEREAS discriminatory marriage laws deprive gay and lesbian couples of over 1000 federal rights and benefits and,

WHEREAS the denial of such benefits has been demonstrated to have significant psychological and social impact on gay and lesbian couples and their families and the converse, that research is now substantiating the benefit that accrues to married same-sex couples and their children

The American Psychoanalytic Association supports the legal recognition of same-sex civil marriage with all the rights, benefits and responsibilities conferred by civil marriage, and opposes discrimination against same-sex couples, and the denial to same-sex couples these same rights, benefits and responsibilities.

A Position Paper on Gay Marriage and a review of Research Relevant to Same Sex Marriage can be obtained by going to the web site of the Denver Psychoanalytic Society and Denver Institute for Psychoanalysis:
www.denverpsychoanalytic.org.

Gay and Lesbian Parenting: The sexual orientation of the parent is not relevant when making decisions about parenting. The American Psychoanalytic Association supports the position that the salient consideration in decisions about parenting—including conception, child rearing, adoption, visitation and custody—is the best interest of the child. Accumulated evidence suggests the best interest of the child requires attachment to committed, nurturing and competent parents.

So-called “Reparative Therapy:” Same-gender sexual orientation cannot be assumed to represent a deficit in personality development or the expression of psychopathology. Psychotherapy or analysis should not be undertaken to “repair” or “convert” it.

In 1999, APsA endorsed the following Position Statement on Treatment of Homosexuals:

1. Same-gender sexual orientation cannot be assumed to represent a deficit in personality development or the expression of psychopathology.
2. As with any societal prejudice, anti-homosexual bias negatively affects mental health, contributing to an enduring sense of stigma and pervasive self-criticism in people of same-gender sexual orientation through the internalization of such prejudice.
3. As in all psychoanalytic treatments, the goal of analysis with homosexual patients is understanding. Psychoanalytic technique does not encompass purposeful efforts to “convert” or “repair” an individual’s sexual orientation. Such directed efforts are against fundamental principles of psychoanalytic treatment and often result in substantial psychological pain by reinforcing damaging internalized homophobic attitudes.

Gay Men and Women Serving in the Military

In January 2009 APsA put forth the following resolution:

The American Psychoanalytic Association (APsA) opposes the military policy mandated by Title 10 of the United States Code (Section 654), which prohibits an individual’s service in the military on the basis of sexual orientation. Section 654 bans openly gay, lesbian and bisexual individuals from serving in the military. APsA strongly advocates that the United States Government overturn the current policy.

APsA will also act to ameliorate the negative effects of the current law through the training and education of mental health professionals and the dissemination of scientific knowledge and professional expertise relevant to implementing this resolution. This statement is part of APsA’s strong ongoing commitment to removing the stigma of mental illness that has long been associated with homosexual, bisexual and transgender behavior and orientations; promoting the health and well-being of lesbian, gay, bisexual and transgender adults and youth; eliminating violence against lesbian, gay, bisexual and transgender armed service members; and working to ensure the equality of lesbian, gay, bisexual and transgender people, both as individuals and members of committed same-sex relationships, in such areas as employment, housing, public accommodation, licensing, parenting and access to legal benefits.

The full Position Statement on Gay Men and Women Serving in the Military (with references) can be obtained by going to the web site of the Denver Psychoanalytic Society and Denver Institute for Psychoanalysis:

www.denverpsychoanalytic.org



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